

Our Lady &  
St Philomena's  
Catholic Primary  
School



Prayer Booklet  
KS1

## School Prayer:

You are good and wise  
I will praise you when I rise.  
Jesus, hear this prayer I send  
Bless my family and my friends.

Jesus, help my eyes to see  
All the good you send to me.

Jesus, help my ears to hear  
Calls for help from far and near.

Jesus, help my feet to go  
In the way that You will show.

Jesus, help my hands to do  
All things loving, kind, and true.  
Jesus, guard me through this day  
In all I do and all I say.

Amen.



## **Making the Sign of the Cross:**

In the name of the Father,

And of the Son,

And of the Holy Spirit.

Amen



## **Morning Prayer:**

Father in heaven, you love me, you are with me night and day.

I want to love you always, in all I do and say.

I'll try to please you, Father,

bless me through the day.

Amen



### **Grace before meals Prayer:**

Bless us, O God, as we sit together.

Bless the food we eat today.

Bless the hands that made the food.

Bless us, O God.

Amen.



### **Home time Prayer:**

God our Father, I come to say  
thank you for your love today.

Thank you for my family  
and all the friends you give to me.

Guard me in the dark of night  
and in the morning send your light.

Amen.

# Traditional Prayers:

## Hail Mary

Hail Mary, full of grace. The Lord is with thee.

Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.

Amen.



# Our Father

Our Father,  
Who art in heaven,  
hallowed be Thy name;  
Thy kingdom come;  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
  
Amen.



## Glory Be

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.

