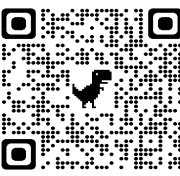


Clubmoor Children's Centre, Utting Avenue East, L11 1DQ, .

To book a session please call

01512338500



Monday	Tuesday	Wednesday	Thursday	Friday
You & Me, Mum. 9.30 - 11.45am , starting 12th September Women's support group. This service is booking only - Creche Provided Active Wellness - 12.15pm - 1.30pm - Service provided by Liverpool County FA Wellness sessions held in our Multi -Purpose Room - - Creche Provided - Due to space this service is booking only We have two new accredited courses starting September. Active Play - 2pm - 2.45pm - 6 weeks programme - starting 12th September to 17th October & Fabulous Food - 2pm - 2.45pm - 6 weeks programme - starting 31st October to 5th December These services are booking only To book onto any of our sessions please call the children centre on 01512338500 <u>You can visit our timetable online here to learn more</u> 	Life Rooms Pathways Service - 9.30am - 4.00pm - Check online for further info. Early Notification - SEND support. Starts 4th October - 10am - 12pm - This is a drop in service Baby Massage - 10am-12pm - A relaxing session that gives you and your baby some quality time to bond This service is booking only ADHD Foundation - Umbrella Group - 10am -11.30am - Starting 27th September A new stay and play session for children presenting with traits of neurodiversity. ADHD Foundation - Support service - drop in. 1.30pm - 3.30pm - 1:1 sessions for advice and guidance on the best way to support your child with neurodevelopmental conditions. Early Communication Group Level 1 - 1.15pm - 2pm Support group for children with Early Communication difficulties This service is booking only Musical Movers - 1.30pm - 2.30pm A fun music session for children and parents This service is booking only	Nurture Programme - Information Morning- 7th Sept-9.30-10.30am Course begins 14th Sept- 9.15am - 11.30am (Term time) A 10 week programme which helps adults understand and manage their child's feelings and behaviour and become more positive. This service is booking only Well Baby Clinic - 9am - 12pm - Health Visitors This service is booking only Storytime - 10.30am - 11.15am - Norris Green Library - A fun reading session with our staff held in your local library LivPaC Parent Courses - starting 14th September - each course is 3 weeks long - 12.30 - 2.30pm • Understanding Autism • Understanding Sensory Processing This service is booking only SilverBirch MMHS - 12.30pm - 2.30pm Starting 9th November - a programme which supports women/birthing people through birth trauma and perinatal loss. This service is booking only Development Matters - 1pm 4pm - 1st Wednesday of each month. - SEND Support session for children with additional needs. Sleep Training from 28th September to 19th October - 1pm - 2.30pm This service is booking only	All About Baby - Under 1's group 10am -11am Offering a stimulating environment. Advice and support for parents/carers. Early Communication Groups Level 2 & 3 - 10am - 10.45am & 11am - 11.45am Support group for children with Early Communication difficulties This service is booking only SWAN Group - 1.30pm - 2.30pm Sensory playgroup for children with additional needs. Welcome to Play - 1pm - 3pm Broad Square Primary school - A fun session looking at the world of play and the benefits with your child. This service is booking only Dads Club 10am-1pm Returning September 24th based in Clubmoor Centre, Run by Everton in the Community and Liverpool CFA Dads club is a great opportunity for dads to spend quality time with their children. Dads Club is held on the last Saturday of each month.	Stay & Play Group - 9.30am - 11am. A group for children 0-5. Prepare your child to be ready for school through fun and learning. Breastfeeding Group - 1.30pm - 2.45pm - Breastfeeding and feeding support offered by our expert health promotion workers Introduction to solids - 1pm - 2.45pm A session held for parents to discuss the introduction of solid foods. Last Friday of Each Month Pre-Diagnosis - ASD Training Team -9.30am 12.00pm. Liverpool ASD Team will delivering a two week course - Friday 7th & 14th October - This service is booking only If you're expecting a baby and would like to be shown around our centre or receive any information, please call and make an appointment with one of our Health Promotion workers. for further information please call 0151-233-8500 Domestic Abuse <u>If you have experienced domestic abuse</u> <u>Clubmoor & Ellergreen have support for you!</u> For further information please call 0151-233-8500