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| ***Solution focused workshop***  [This Photo](http://jinavie.tumblr.com/post/99474850081/the-secret-to-positivity) by Unknown Author is licensed under [CC BY-NC-ND](https://creativecommons.org/licenses/by-nc-nd/3.0/)  **It is hard some days to find the right words to be positive.**  **And that is ok!**  **Every parent has the same issues.** | **THREE BUILDING BLOCKS:**   * Be positive * Be specific * Look for strengths.     **Usually only bad behaviour is noticed.**​  **Look for successes and positive qualities**​ **which builds self esteem**​.  **Use specific examples of behaviour and link the behaviour to the child.**  [This Photo](http://www.playingwithflour.com/2016/01/chestnut-cream-tea-cakes.html) by Unknown Author is licensed under [CC BY-NC-ND](https://creativecommons.org/licenses/by-nc-nd/3.0/) | Positivity is the key! **Join other parents online and also in a classroom setting for our workshops. They’re fun, friendly and a great opportunity to share experiences with others.**  (DATE AND TIME)  Log onto Teams.  If you can attend our online workshop’s can you email  [Suzanne.Rawcliffe@actionforchildren.org.uk](mailto:Suzanne.Rawcliffe@actionforchildren.org.uk)  Tel: 07866137788 |