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| ***Solution focused workshop***[This Photo](http://jinavie.tumblr.com/post/99474850081/the-secret-to-positivity) by Unknown Author is licensed under [CC BY-NC-ND](https://creativecommons.org/licenses/by-nc-nd/3.0/)**It is hard some days to find the right words to be positive.** **And that is ok!** **Every parent has the same issues.** | **THREE BUILDING BLOCKS:*** Be positive
* Be specific
* Look for strengths.

**Usually only bad behaviour is noticed.**​**Look for successes and positive qualities**​ **which builds self esteem**​.**Use specific examples of behaviour and link the behaviour to the child.**[This Photo](http://www.playingwithflour.com/2016/01/chestnut-cream-tea-cakes.html) by Unknown Author is licensed under [CC BY-NC-ND](https://creativecommons.org/licenses/by-nc-nd/3.0/)  | Positivity is the key!**Join other parents online and also in a classroom setting for our workshops. They’re fun, friendly and a great opportunity to share experiences with others.**(DATE AND TIME)Log onto Teams.If you can attend our online workshop’s can you emailSuzanne.Rawcliffe@actionforchildren.org.ukTel: 07866137788 |